

PROGRAMMA VRIJDAG 25 MEI

8.00 AM - 8.45 AM Coffee/Tea and Check-in.

8.45 AM - 8.50 AM Welcome by ISST Vice President
by Remco van der Wijngaart

8.50 AM - 9.30 AM Welcome and Keynote Presentation by ISST President
by David Edwards

The Corrective Emotional Experience: Its Central Place Within Schema Therapy

9.30 AM - 10.00 AM Keynote Presentation
by Arnoud Arntz

Corrective Emotional Experiences in Schema Therapy: Reflections on Research Findings and Clinical Impressions

10.00 AM - 10.30 AM Break Coffee/Tea/Refreshments

THREE OPTIONS

CHOOSE ONE SYMPOSIUM, A ROUNDTABLE DISCUSSION, OR A HOT TOPIC

10.30 AM - 12.00 PM

CHOOSE ONE OF THE FOLLOWING SYMPOSIUMS:

Symposium 1: Schema Therapy for Older Adults

Symposium 2: Case Studies in ST-CA within Different Treatment Contexts

Symposium 3: Case Studies in ST-CA within Different Treatment Contexts
Symposium 3: Creating Positive Change in the Lives of Our Clients Using Technology: Which Elements of Schema Therapy Can Be Offered Online?

Symposium 4: Forensic Schema Therapy: Current Applications

Symposium 5: Group Schema Therapy for Cluster C Personality Disorders: Never a Dull Moment

Symposium 6: Schema Therapy for Chronic Depression - What Do We Know and Where Can We Go?

OPTION 2

10.30 AM - 12.00 PM

Round Table Discussion 1: 10 Years of the International Society of Schema Therapy: Strengths and Gaps in the Research

10.30 AM - 12.00 PM

HOT TOPIC SERIES: ATTEND ONE OR MORE OF THE FOLLOWING FIVE SESSIONS

Session 1 - Topics Include: Schizophrenic Spectrum Disorders, Schema Mode Model of Delusions, Early Maladaptive Schemas Among Sexual Frigidity, Schemas in Patients with Somatoform Disorders

Session 2 - Topics Include: BPD and Alcohol Dependence, Avoidant Personality Disorder, BPD and Imagery Rescripting, Emotional Distress in BPD Patients

Session 3 - Topics Include: Imagery Work in Schema Therapy, Experience Sampling, Mode Cards in Couples Therapy

Session 4 - Topics Include: Group Therapy for Chronic Depression, Group Therapy in an Ambulant Rehabilitation Setting, Group Schema Therapy as Personal Therapy for Students, Alexithymia and OCD in Group Schema Therapy

Session 5 - Topics Include: Autistic Traits & Schema Therapy, Schemas' Comprised Bodily Sensations, Anger-Related Schema Modes in BPD patients, Chronic Pain Patients and Schema Therapy

12.00 PM - 1:00 PM Lunch *Onsite*

1.00 PM - 1.30 PM Poster Presentations: To be announced shortly

1.30 PM - 2.15 PM Keynote Presentation *by Rhonda Goldman*

Corrective Emotional Experiences in Emotion Focused Therapy

THREE OPTIONS

CHOOSE TWO 90-MINUTE SEGMENTS, ONE 180-MINUTE SEGMENT, OR THE 180-MINUTE SPANISH LANGUAGE INDIVIDUAL CERTIFICATION PROGRAM

2.30 PM - 4.00 PM: FRIDAY EARLY AFTERNOON 90-MINUTE SEGMENT

Skill Class 1: Creating Secure Connections in Schema Couples Therapy: Connection Dialogues

Skill Class 2: From Ghosts to Angels in the Nursery: Inter-Generational Life Transformations Through Parent Training

Skill Class 3: Using Emphatic Confrontation and Schema Mode Work with Treatment Teams to Create a Safe and Open Ward Climate

Skill Class 4: Navigating the Angry Protector and Detached Protector Modes in Forensic Settings

Case Presentations 1: Topics include Schema Therapy with an Enmeshed Family and Challenges of Overcoming Patterns

4.00 PM - 4.30 PM Coffee/Tea/Refreshments

4.30 PM - 6.00 PM: FRIDAY LATE AFTERNOON 90-MINUTE SEGMENT

Skill Class 5: Building Bridges: Practical Strategies to Take you from Knowing you Need to do Experiential Work to DOING It!

Skill Class 6: Reconnecting Couples Through Imagery and Chair Dialogues

Skill Class 7: Sensory Awareness: Essential Skill for Corrective Emotional Experiences

Symposium 7: Positive Parenting Schemas, Positive Schemas and the Development of the Healthy Adult Mode

Case Presentations 2: Topics include Countertransferential Tools in Schema Therapy and the Multiple Nature of Eroticism and Sexuality

2.30 PM - 6.00 PM: CHOOSE ONE 180-MINUTE SEGMENT

Workshop 1: Corrective Emotional Experiences in The Group Family: Group ST Mode Dialogues

Workshop 2: Narcissism, Shame, and Intimacy Disorders: Effective Strategies for Dealing with the Sexually Self-Absorbed and Healing the Fractured Trust in Relationships

Workshop 3: Circumventing the Overcontroller: Working with Schema Modes in Eating Disorders

Workshop 4: "Positive Schema Therapy": How to Foster Resources and Strengths in Children and Adolescents

Workshop 5: A Closer Look at Addressing Enmeshment & Undeveloped Self

Workshop 6: Group Schema Therapy with Cluster-B and Cluster-C Patients

2.30 PM - 6.00 PM: SPANISH CERTIFICATION PART 1 & 2

Individual Schema Therapy Certification Program: **offered in Spanish**